

# Emergency Food Parcel Service

**CAVS Children's Centres provide  
Emergency Food Parcels to local families  
with children under 5 years.**

You can help support families in need by donating items for the Emergency Food Parcels and make a real difference to someone this winter.

- Non perishable food
- Toiletries
- Cleaning products



For more information on how to make a food parcel donation please call CAVS on 01268 638416 or email [office@castlepointavs.org.uk](mailto:office@castlepointavs.org.uk)

