



St Katherine's plays a key role in supporting the health and well-being of all its pupils. As a Healthy School we plan and implement health and well-being improvements for our pupils; promote physical and emotional health by providing accessible and relevant information and equip pupils and staff with the understanding, skills and attitudes to make informed decisions about their health. Pupils flourish in a positive environment and are given a voice to influence whole-school decisions. As a healthy school we understand the importance of investing in health to help pupils do their best, raise levels of achievement, improve standards and develop policies and practices to promote health.

With Healthy Schools status we adopt a whole-school approach, involving the whole-school community, parents/carers, governors, staff and pupils in improving children's health.